



General Certificate of Secondary Education  
2025

Centre Number

--	--	--	--	--

Candidate Number

--	--	--	--	--

# Learning for Life and Work: Modular

Unit 2  
Personal Development



[GLF21]

\*GLF21\*

**FRIDAY 9 MAY, MORNING**

## TIME

1 hour.

## INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

**You must answer the questions in the spaces provided.**

**Do not write outside the boxed area on each page or on blank pages.**

Complete in black ink only. **Do not write with a gel pen.**

Answer **all** questions in this paper.

## INFORMATION FOR CANDIDATES

The total mark for this paper is 60.

Quality of written communication will be assessed in Questions **5(a)**, **5(b)** and **6**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.



Answer **all** questions

1 (a) Name **one** piece of legislation that helps protect consumer rights.

\_\_\_\_\_ [1]

(b) Write down **one** way to recognise a person who may be neglected.

\_\_\_\_\_ [1]

(c) Explain **one** benefit of eating a balanced diet.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(d) Describe **one** way communication may help to maintain a respectful relationship.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]



(e) Explain **two** positive emotions a young person may experience when starting a new job.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

[Turn over



2 (a) Write down **one** disadvantage of renting a house.

\_\_\_\_\_ [1]

(b) Write down **one** benefit of a young person going to university.

\_\_\_\_\_ [1]

(c) Describe **one** consequence of a young person deliberately self-harming.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(d) Describe **one** challenge faced by a step-parent bringing up a family.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]



(e) Explain **two** physical effects of a person taking illegal drugs.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

[Turn over



3 (a) Write down **one** source of support for a person with depression.

\_\_\_\_\_ [1]

(b) Write down **one** way a parent may influence a child's physical development.

\_\_\_\_\_ [1]

(c) Explain **one** way an individual could protect themselves from identity theft when shopping online.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(d) Explain **one** advantage of using a credit card.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]



(e) Explain **two** advantages of using comparison websites for car insurance.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

[Turn over



4 (a) Explain **two** negative effects of sexual orientation on the well-being of a young person.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(b) Explain **two** benefits of using social media.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]





**BLANK PAGE**

**DO NOT WRITE ON THIS PAGE**

**(Questions continue overleaf)**



### Source A: Low income

According to the Health Foundation, an independent UK health charity, lower income families are more at risk of poor health – nearly half (48%) of the poorest 40% of families in the UK contain at least one person with poor health.

Low income can affect a person's health in many ways. A person may not be able to pay bills or buy enough food to eat, as well as purchase other essential items.

Research by the World Health Organization suggests that there is a rise in the number of people living in cold homes in the winter as a result of not being able to afford to heat their homes.

In addition, low income can have a very negative impact on a person's mental health as they are constantly worrying about finances.

*Source: <https://www.health.org.uk/news-and-comment/blogs/the-cost-of-living-crisis-is-a-health-emergency-too>*









---

**THIS IS THE END OF THE QUESTION PAPER**

---

**BLANK PAGE**

**DO NOT WRITE ON THIS PAGE**

15847



\*16GLF2114\*



**DO NOT WRITE ON THIS PAGE**

For Examiner's use only	
Question Number	Marks
1	
2	
3	
4	
5	
6	

<b>Total Marks</b>	
--------------------	--

Examiner Number

Permission to reproduce all copyright material has been applied for.  
In some cases, efforts to contact copyright holders may have been unsuccessful and CCEA will be happy to rectify any omissions of acknowledgement in future if notified.

15847



\*16GLF2116\*